

RAWLINS FAMILY RECREATION CENTER

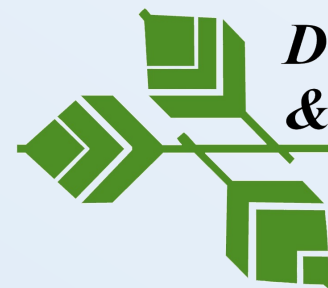
**F
I
T
N
E
S
S**

5:45 AM	CONTROLLED BURN	MON -THURS
6:45 AM	SPINN AND TONE	MON-THURS
9:00 AM	STRETCH & TONE	MON & FRI
8:30 AM	LINE DANCING	TUES & THURS
8:30 AM	CARDIO FIT	WEDNESDAY
12:15 PM	BROWN BAG & BALANCE	TUES & THURS
5:30 PM	SPINNING	TUES & THURS

ALL CLASSES INCLUDED WITH MEMBERSHIP

OR

DAILY FEE \$6



*Department of Parks
& Recreation*

324-7529

